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FitKids Oromocto 2019 Great Outdoor Summer Camp

Dear parents/participant,

It is with great pleasure that FitKids is offering full time summer camps for children grades 1-6 for this upcoming summer. Our Summer Camp Program is geared towards fitness and no specific athletic ability is necessary in order to participate in the camp. Activities such as hiking, swimming, road hockey and outdoor exploration are just some of the activities that your child will experience while attending our camps.

Participants will need proper gym apparel depending on the activity and parents are responsible for providing lunch and snacks for your child. Please see below our schedule and registration form.

If you have any questions please feel free to contact us at (506) 357-2216 or by email at [fitkidsfitness@hotmail.com](mailto:fitkidsfitness@hotmail.com)

We are all looking forward to be working with your child.

Eric Bissonnette / Jill Johnson  
Owner/Operator

***Cost is $150.00 per week & August 5th week Cost $120***

***\*Participant who sign-up for a third week or more will receive a 15% discount***.

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**IMPORTANT THINGS TO BRING FOR THE WEEK**

- Lunch and lots of snacks daily - Sunscreen lotion & Bug Spray

-Water bottle (Extra Water) - Change of clothes (short and t-shirt)

-Bathing suit and towel -Good attitude

-Indoor sneakers -Smile

-Proper footwear for hikes -Enthusiasm

**Notes:**

* **Hoyt Hike/Games/Swim & Wilmot Park** the kids are asked to bring a bathing suit and towel as they will have the opportunity to swim/play in the water.
* **“Mini Adventure Race”** Fitkids will participate in their own obstacle course. The children will complete courses designed by the FitKids staff that will consist of several different obstacles/Adventures that are sure to be challenging and fun! Without giving away too many details about our courses, we recommend that all FitKids bring an old pair of clothing as they will have a difficult time staying clean and dry ☺

***Activities are subject to change due to weather.***



FitKids Oromocto 2019 Summer Camp Registration Form

SD Child Profile needed for new Fitkids

**Fitkids Information (Please Print)**

**First & Last Name**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Age**:\_\_\_\_\_\_\_

**School**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Grade**: \_\_\_\_\_\_ **Birthdate**:(month/day/year)( / / )

**Medicare #**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Address**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\* Fitkids only accepts cash & checks and E-transfer to [**fitkidsfitness@hotmail.com**](mailto:fitkidsfitness@hotmail.com) \*Cheques payable to **EJ Fitness**

**Week (s) registering**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Parents Information (or Guardian)**

Mother: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Father: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone #:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Image Waiver***: By signing this section, you agree that any Fitkids pictures taken throughout the season can be used for Advertising, posted on Social Media and /or our Fitkids Website.

Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Emergency Contact #1***: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ***Number***: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Emergency Contact #2***: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ ***Number***: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Special Medical / Allergies***: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Fitkids 2019 Great Outdoor Camp Schedule** (Grade 1-6)

Week of July 15th - August 5th

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Arrival time – Free time  7:00 a.m. to 9:00 a.m. | Arrival time – free time  7:00 a.m. to 9:00 a.m. | Arrival time – free time  7:00 a.m. to 9:00 a.m. | Arrival time – free time  7:00 a.m. to 9:00 a.m. | Arrival time – free time  7:00 a.m. to 9:00 a.m. |
| 9:00 a.m.  Dodge ball Challenge | 9:00 a.m.  Fitness Class – Outdoors - Cardio | 9:00 a.m.  Fitness Class - Explosiveness | 9:00 a.m.  Fitness Class-Plyometrics | 9:00 a.m.  Fitness Fun Games |
| 10:00 a.m. snacks | 10:00 a.m. snacks | 10:00 a.m. snacks | 10:00 a.m. snacks | 10:00 a.m. snacks |
| 10:15 a.m.  Outdoor or Indoor activities | 10:15 a.m.  Outdoor or Indoor activities | 10:15am  Outdoor or Indoor Activities | 10:15 a.m.  Outdoor or Indoor activities | 10:15 a.m.  Outdoor or Indoor activities |
| 12:00 p.m.  Lunch | 11:00 p.m.  Lunch  Hoyt Falls  Hike/Games/Swim | 12:00 p.m.  Lunch | 12:00 p.m.  Lunch | 12:00 p.m.  Lunch |
| 12:30 p.m.  Hyla Park | 1:00 p.m.  Wilmot | 12:30 p.m.  New Maryland Park  Mini Adventure Race | 1:00 p.m.  Scavanger Hunt  Base Gagetown |
| 4:00 p.m.  Return to FitKids  Indoor Activities/Pick up | 4:00 p.m.  Return to FitKids  Indoor Activities/Pick-up | 4:00 p.m.  Return to FitKids  Indoor Activities/Pick-up | 4:00 p.m.  Return to FitKids  Indoor Activities/Pick-up | 4:00 p.m.  Return to FitKids  Indoor Activities/Pick-up |
| **Late Pick-up 5:15 p.m.** | **Late Pick-up 5:15 p.m.** | **Late Pick-up 5:15 p.m.** | **Late Pick-up 5:15 p.m.** | **Late Pick-up 5:15 p.m.** |